

Goals for Better at Home:

Because of Better at Home, seniors:

- feel able to stay longer in their homes and communities.
- feel safe and supported in their communities.
- feel more connected to their community
- feel more valued in their communities.
- feel more involved in social and recreational activities in their communities.
- feel more able to access healthy, nutritious food
- are more able access to culturally appropriate food.
- feel they have at least three people in the community they can rely on if they need help.
- feel more independent and more able to manage day to day tasks in their own homes.